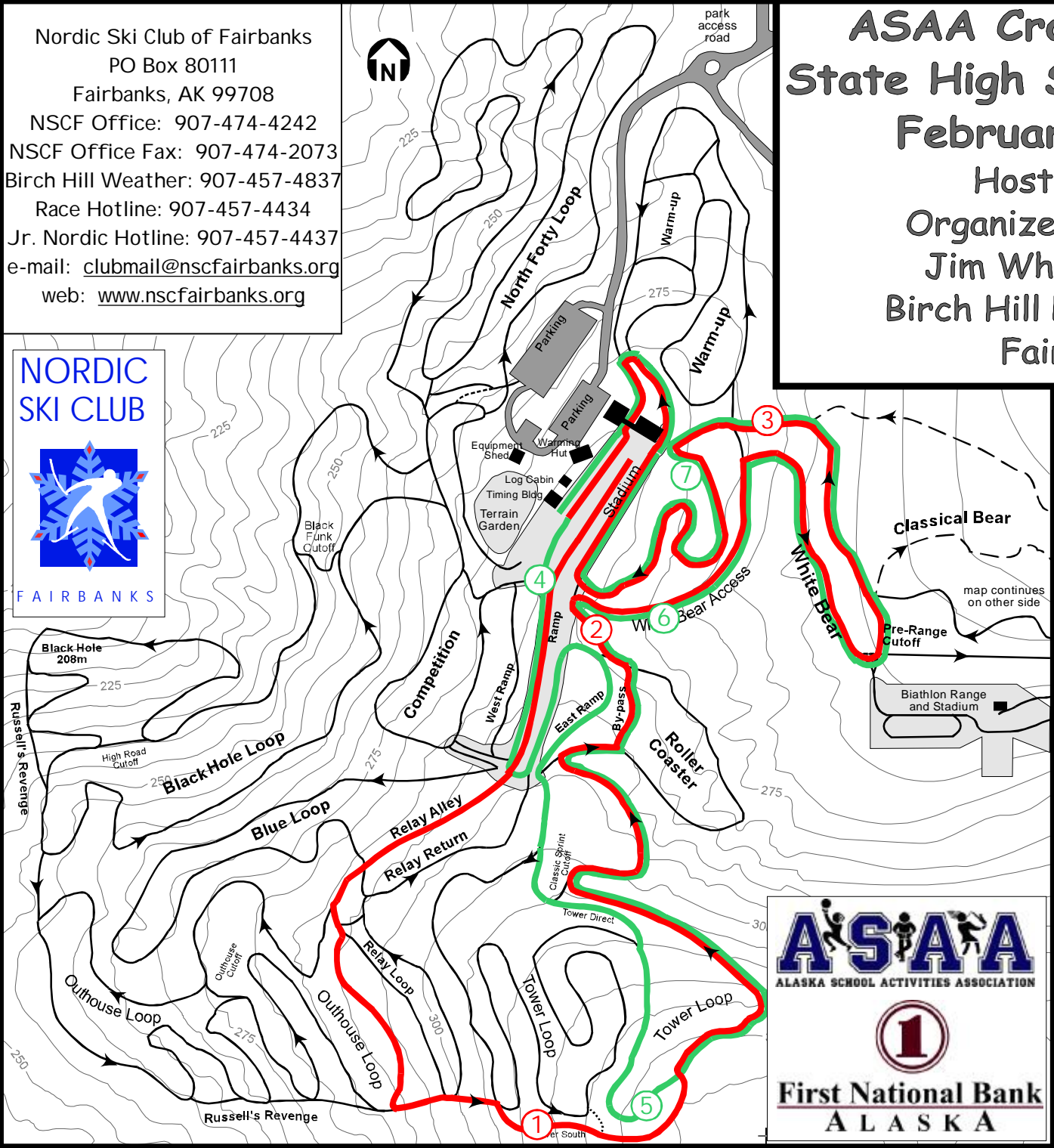


Nordic Ski Club of Fairbanks  
 PO Box 80111  
 Fairbanks, AK 99708  
 NSCF Office: 907-474-4242  
 NSCF Office Fax: 907-474-2073  
 Birch Hill Weather: 907-457-4837  
 Race Hotline: 907-457-4434  
 Jr. Nordic Hotline: 907-457-4437  
 e-mail: [clubmail@nscfairbanks.org](mailto:clubmail@nscfairbanks.org)  
 web: [www.nscfairbanks.org](http://www.nscfairbanks.org)



# ASAA Cross Country Skiing State High School Championships February 25-27, 2010 Hosted By Region VI Organized by NSC Fairbanks Jim Whisenant Ski Trails Birch Hill Park Recreation Area Fairbanks, Alaska

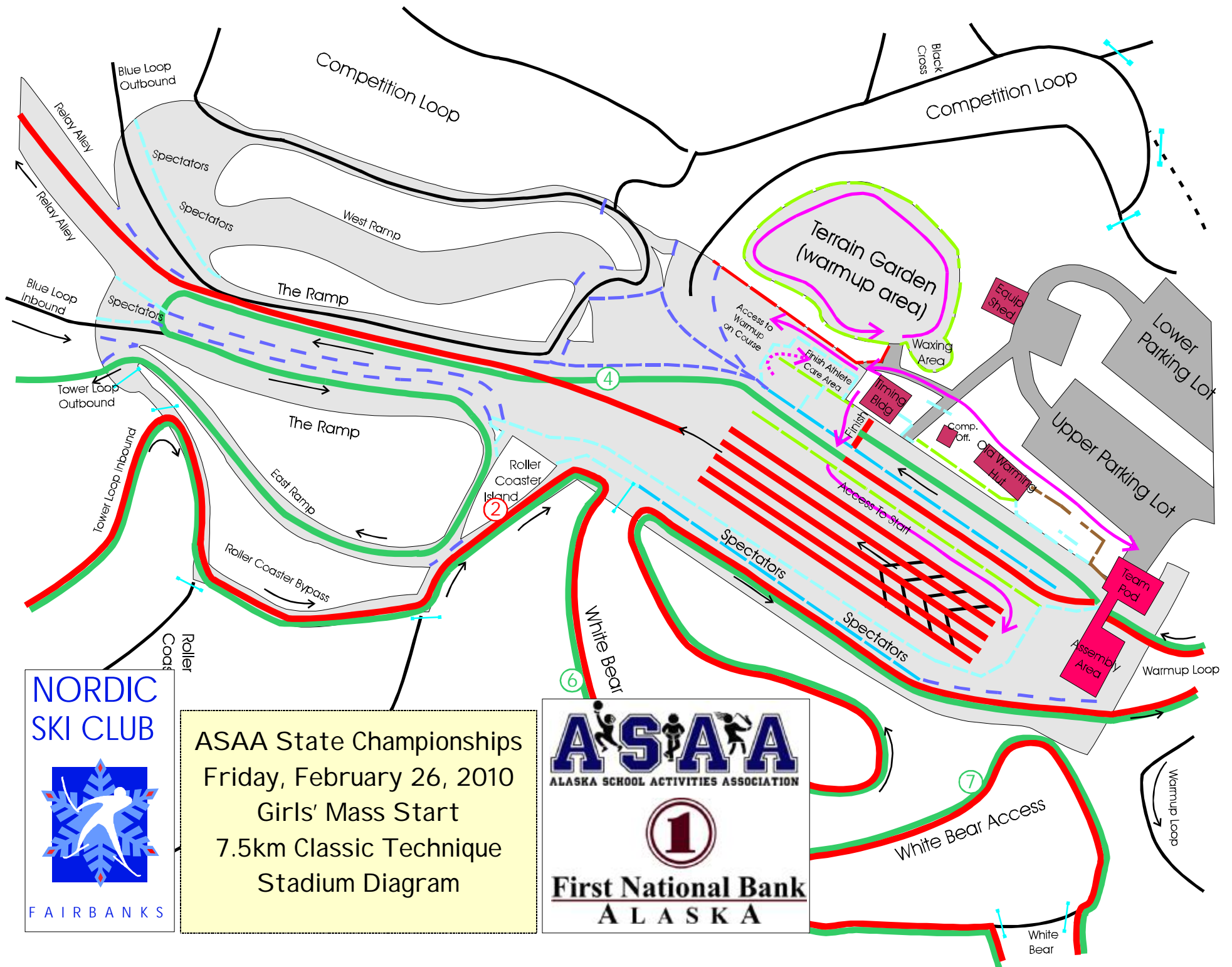


Friday, February 26, 2010  
 Girls 7.5Km  
 Mass-Start Classic Technique  
 Red Course (lap 1) &  
 Green Course (lap 2)

**Technical Information:**  
 Measured Length: 7778m  
 Height Difference (HD): 73m  
 Total Climb (TC): 242m  
 Maximum Climb (MC): 42m  
 Climb per Km: 31.2m/km

**Competition Committee:**  
 Technical Delegate: Matt Pauli  
 Chief of Competition: John Estle  
 Chief of Secretariat: tba  
 Chief of Course: Tom Helmers  
 Assistant Chief of Course: Bill Husby  
 Chiefs of Stadium: Bob Wilkinson,  
 Dave Murray, Susan Faulkner  
 Chief of Timing: Carol Haas  
 Chief of Competition Control: Byron & Chris Broda  
 Chief of Athlete Care: Susan Paskvan



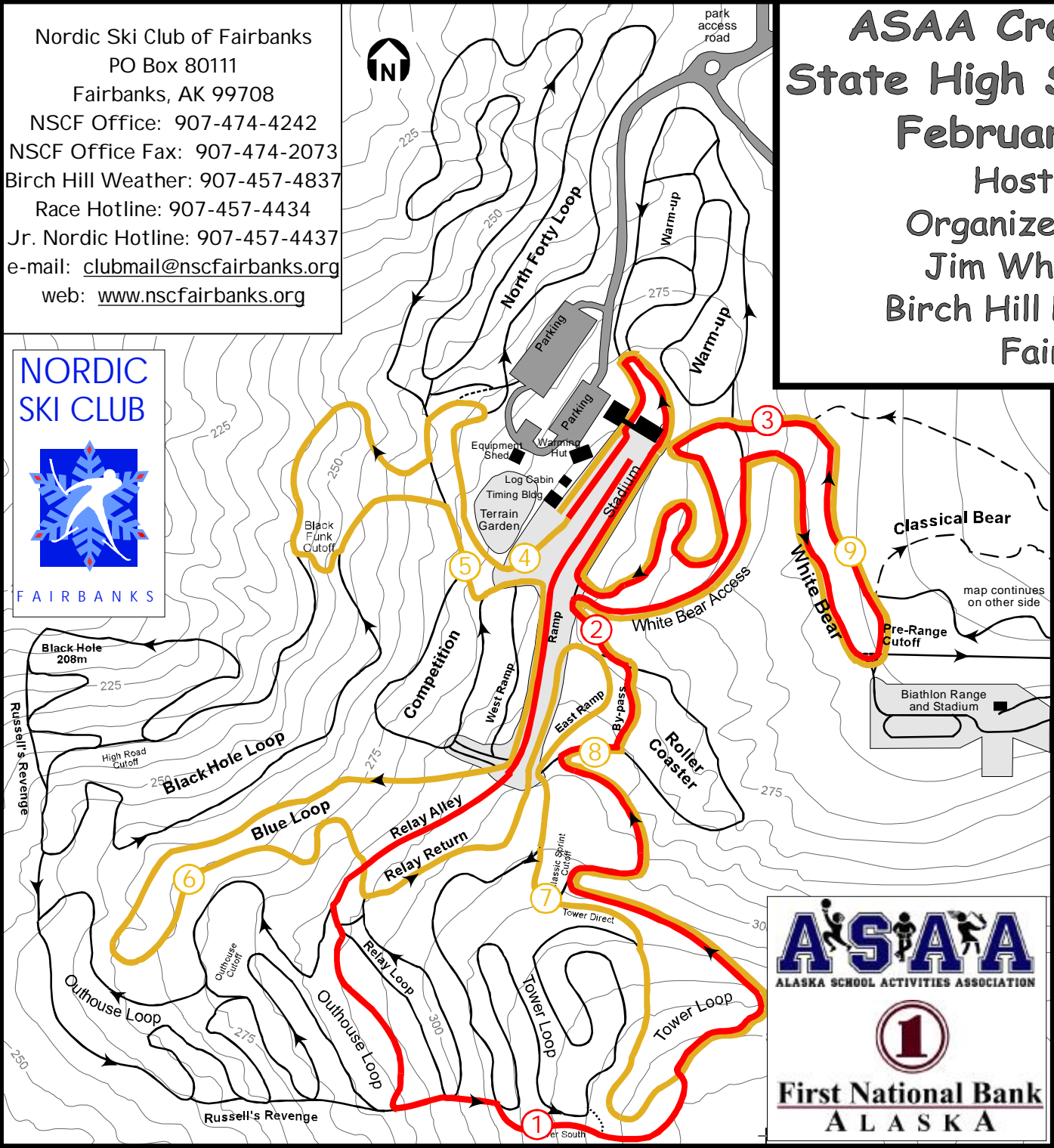


ASAA State Championships  
 Friday, February 26, 2010  
 Girls' Mass Start  
 7.5km Classic Technique  
 Stadium Diagram



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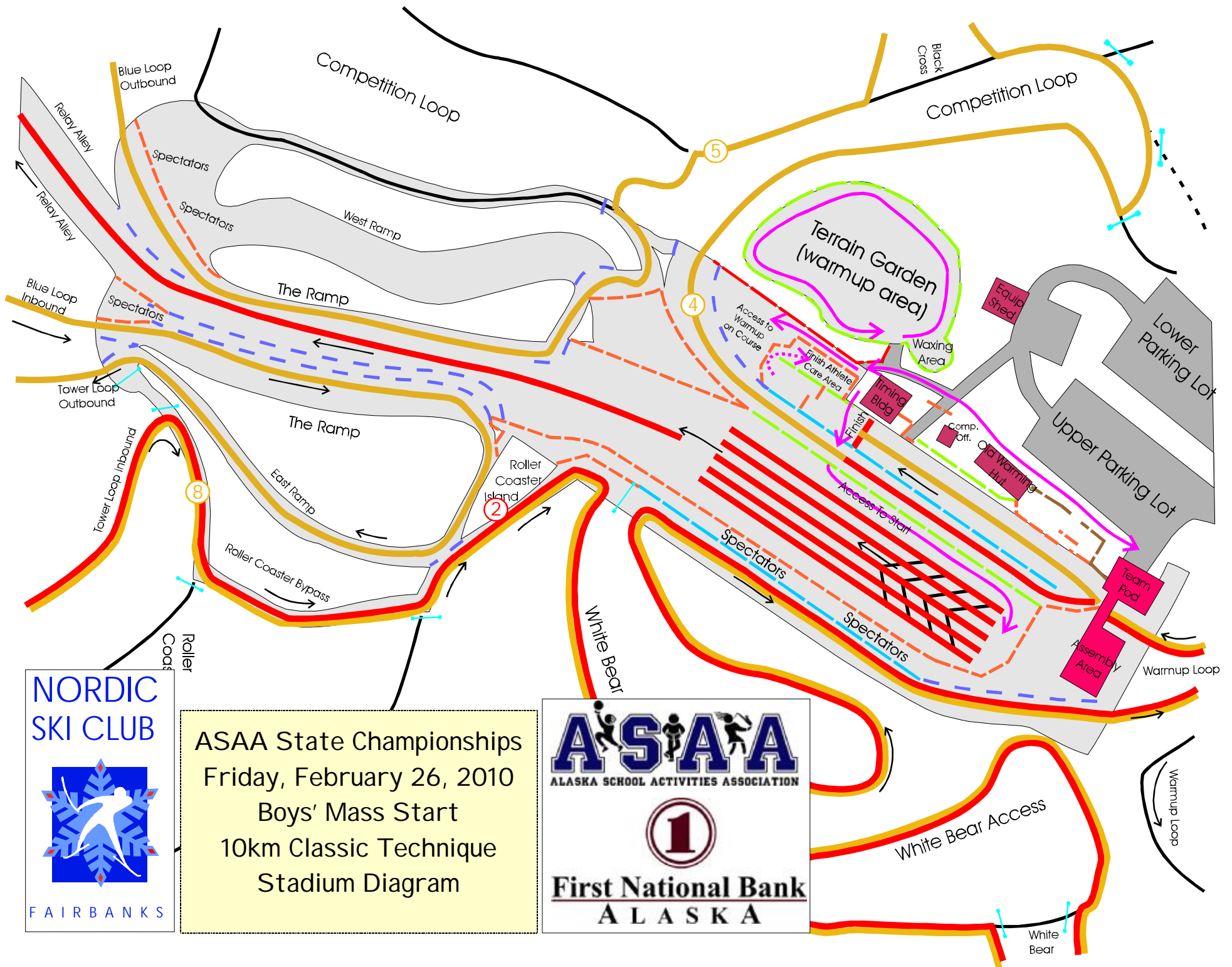


Friday, February 26, 2010  
 Boys' 10Km  
 Mass-Start Classic Technique  
 Red Course (lap 1) &  
 Gold Course (lap 2)

**Technical Information:**  
 Measured Length: 10104m  
 Height Difference (HD): 89m  
 Total Climb (TC): 355m  
 Maximum Climb (MC): 54m  
 Climb per Km: 35.2m/km

**Competition Committee:**  
 Technical Delegate: Matt Pauli  
 Chief of Competition: John Estle  
 Chief of Secretariat: tba  
 Chief of Course: Tom Helmers  
 Assistant Chief of Course: Bill Husby  
 Chiefs of Stadium: Bob Wilkinson,  
 Dave Murray, Susan Faulkner  
 Chief of Timing: Carol Haas  
 Chief of Competition Control: Byron & Chris Broda  
 Chief of Athlete Care: Susan Paskvan





ASAA State Championships  
 Friday, February 26, 2010  
 Boys' Mass Start  
 10km Classic Technique  
 Stadium Diagram





# Start Mesa and Lap/Finish Area Setup

## Mass Start / Classic Technique - Multi Lap

