

**Cross Country Alaska - Besh Cup 2009-2010**  
**Junior Olympic / Arctic Winter Games Qualifying Series**  
**Besh Cup #5 - Saturday, February 6, 2010**  
**Birch Hill Recreation Area, Fairbanks**  
**Organized by Nordic Ski Club of Fairbanks**

*Interval Start - Free Technique*  
**Results By Sex**

**Women's/Girls' 1 K**

<u>Rnk</u>	<u>Bib</u>	<u>Name</u>	<u>Club/Team/School</u>	<u>Cls</u>	<u>Rnk</u>	<u>Time</u>	<u>Behind</u>	<u>Race Pts</u>	<u>USSA Pts</u>
1	5	Amber HAJDUKOVICH	Fairbanks Junior Nor	J5F	1	4:09.9	0		
2	4	Halene JOHNSON	Weller	J6F	1	7:23.1	+3:13.2		

**Men's/Boys' 1 K**

<u>Rnk</u>	<u>Bib</u>	<u>Name</u>	<u>Club/Team/School</u>	<u>Cls</u>	<u>Rnk</u>	<u>Time</u>	<u>Behind</u>	<u>Race Pts</u>	<u>USSA Pts</u>
1	16	Gus SCHUMACHER	AWS	J5M	1	2:53.2	0		
2	11	Ti DONALDSON	NSCF	J5M	2	3:57.6	+1:04.4		
3	18	Rudy SCHUMACHER	Anchorage Jr. Nordic	J6M	1	4:16.0	+1:22.8		
4	13	Ethan HAMLIN	Fairbanks Jr. Nordic	J5M	3	4:59.3	+2:06.1		

**Women's/Girls' 3 K**

<u>Rnk</u>	<u>Bib</u>	<u>Name</u>	<u>Club/Team/School</u>	<u>Cls</u>	<u>Rnk</u>	<u>Time</u>	<u>Behind</u>	<u>Race Pts</u>	<u>USSA Pts</u>
1	36	Lydia BLANCHET	APUNSC	J3F	1	9:22.0	0		
2	39	Sarrissa LAMMERS	ANR	J3F	2	9:30.9	+8.9		
3	34	Taryn HUNT-SMITH	APUNSC	J3F	3	10:02.4	+40.4		
4	35	Jade HAJDUKOVICH	FXC	J3F	4	10:08.8	+46.8		
5	40	Morgan FLYNN	APUNSC	J3F	5	10:19.5	+57.5		
6	26	Mariana JAGER	APUNSC	J3F	6	10:54.7	+1:32.7		
7	37	Kiana HAMLIN	Fairbanks Jr. Nordic	J3F	7	11:03.0	+1:41.0		
8	32	Amber LENZE	Fairbanks Jr. Nodic C	J4F	1	11:42.1	+2:20.1		
9	24	Alaina PRINCE	AWS	J3F	8	11:42.9	+2:20.9		
10	31	Victoria PARSONS	ANR	J3F	9	11:57.2	+2:35.2		
11	28	Jenna DIFOLCO	FJN Comp	J4F	2	12:08.0	+2:46.0		
12	33	Maya YOSHIKAWA	Fairbanks Comp Gro	J4F	3	12:17.6	+2:55.6		
13	25	Hayly JOHNSON	Fairbanks Jr. Nordic	J3F	10	13:26.1	+4:04.1		
14	29	Hana JOHNSON	Weller Elementary	J4F	4	14:51.3	+5:29.3		

**Men's/Boys' 3 K**

<u>Rnk</u>	<u>Bib</u>	<u>Name</u>	<u>Club/Team/School</u>	<u>Cls</u>	<u>Rnk</u>	<u>Time</u>	<u>Behind</u>	<u>Race Pts</u>	<u>USSA Pts</u>
1	65	Jacob BASSETT	APUNSC	J3M	1	8:51.8	0		
2	71	Tanner RAMEY	APUNSC	J3M	2	9:06.6	+14.8		
3	58	Max DONALDSON	Fairbanks, AK	J3M	3	9:23.6	+31.8		
4	53	Matthew MUFFOLETTO	APUNSC	J3M	4	9:30.7	+38.9		
5	49	Sam HILTENBRAND	Fairbanks, AK	J3M	5	9:40.1	+48.3		
6	54	Michael WISE	APUNSC	J3M	6	9:43.7	+51.9		
7	69	Tracen KNOPP	ANR	J4M	1	9:57.6	+1:05.8		
8	62	David SWENSON	NSCF	J3M	7	9:59.4	+1:07.6		
9	50	Jonathan KOENIG	FXC	J3M	8	10:07.7	+1:15.9		

## Results By Sex

### Besh Cup #5 - Saturday, February 6, 2010 Birch Hill Recreation Area, Fairbanks Organized by Nordic Ski Club of Fairbanks

10	63	Tristan SAYRE		J3M	9	10:09.0	+1:17.2
11	70	Brett EGELAND	AWS	J3M	10	10:19.4	+1:27.6
12	61	Louie BASSETT	APUNSC	J4M	2	10:39.1	+1:47.3
12	55	Benjamin KOENIG	FXC	J4M	2	10:39.1	+1:47.3
14	59	Evan HAGEN	AWS	J3M	11	10:39.6	+1:47.8
15	68	Joe BUE	FXC	J3M	12	11:03.0	+2:11.2
16	64	Dawson KNOPP	ANR	J4M	4	11:12.0	+2:20.2
17	67	John COSGRAVE	AWS	J4M	5	11:24.9	+2:33.1
18	57	Brock FITZGERALD	ERNSC	J3M	13	11:46.8	+2:55.0
19	47	Logan MOWRY	Fairbanks Comp Gro	J4M	6	12:02.1	+3:10.3

### Men's/Boys' 5 K

<u>Rnk</u>	<u>Bib</u>	<u>Name</u>	<u>Club/Team/School</u>	<u>Cls</u>	<u>Rnk</u>	<u>Time</u>	<u>Behind</u>	<u>Race Pts</u>	<u>USSA Pts</u>
1	95	Austin HESS	AWS	J2M	1	14:08.0	0		
2	94	John GLEN	AWS	J2M	2	14:20.2	+12.2		
3	89	Kyle HANSON	Lathrop HS	J2M	3	14:23.7	+15.7		
4	97	Douglas WATTS	West HS	J2M	4	14:29.0	+21.0		
5	91	Jake PRINCE	AWS	J2M	5	14:31.4	+23.4		
6	93	Jan (kuba) GRZEDA	FAST	J2M	6	14:37.5	+29.5		
7	88	Riley TROYER	West Valley HS	J2M	7	14:37.6	+29.6		
8	92	Schylar KNOPP	ANR	J2M	8	14:43.4	+35.4		
9	96	Erich HOEFLER	FAST	J2M	9	14:43.7	+35.7		
10	85	Eric BACKSTRUM	AWS	J2M	10	14:44.5	+36.5		
11	98	Alex LOAN	ANR	J2M	11	14:52.4	+44.4		
12	100	David MCPHETRES	ANR	J2M	12	15:05.3	+57.3		
13	90	Jack PARKE	APUNSC	J2M	13	15:20.2	+1:12.2		
14	99	Lucas MICHAEL	ANR	J2M	14	15:24.4	+1:16.4		
15	82	Auberin STRICKLAND	Palmer HS	J2M	15	15:28.5	+1:20.5		
16	83	Hugh COSGRAVE	AWS	J2M	16	15:31.6	+1:23.6		
17	87	Brandon KOWALSKI	FXC	J2M	17	15:57.0	+1:49.0		
18	84	Bobby SIGNOR	Fairbanks Jr. Nordic	J2M	18	16:29.2	+2:21.2		
19	81	Josiah MARTIN	Soldotna HS	J2M	19	16:42.2	+2:34.2		

### Women's/Girls' 5 K

<u>Rnk</u>	<u>Bib</u>	<u>Name</u>	<u>Club/Team/School</u>	<u>Cls</u>	<u>Rnk</u>	<u>Time</u>	<u>Behind</u>	<u>Race Pts</u>	<u>USSA Pts</u>
1	175	Julia PIERSON	UAF	SRF	1	14:41.0	0	0.00	116.65
2	173	Raphaela SIEBER		SRF	2	14:41.3	+0.3	0.27	116.92
3	149	Celia HAERING	APUNSC	J2F	1	15:02.4	+21.4	19.43	136.08
4	171	Marisa RORABAUGH	FXC	J1/OJF	1	15:10.1	+29.1	26.42	143.07
5	172	Hannah BOYER	FXC	J1/OJF	2	15:12.9	+31.9	28.97	145.62
6	170	Jessie YEATON		J1/OJF	3	15:18.8	+37.8	34.32	150.97
7	162	Kryston MCPHETRES	ANR	J1/OJF	4	15:24.0	+43.0	39.05	155.70
8	176	Mackenzie KANADY	AWS	J1/OJF	5	15:40.7	+59.7	54.21	170.86
9	148	Tristan RAMEY	AWS	J1/OJF	6	15:43.2	+1:02.2	56.48	173.13
10	164	Davya FLAHARTY	NSCF	SRF	3	15:51.4	+1:10.4	63.93	180.58
11	163	Heather EDIC		J1/OJF	7	15:52.4	+1:11.4	64.84	181.49
12	169	Emily ROGERS	AWS	J1/OJF	8	15:55.1	+1:14.1	67.29	183.94
13	156	Rebecca KONIECZNY		J1/OJF	9	16:03.0	+1:22.0	74.46	191.11
14	151	Allison ROSS	AWS	J1/OJF	10	16:03.6	+1:22.6	75.01	191.66

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15	135	Stephanie KIRK	ANR	J2F	2	16:06.0	+1:25.0	77.19	193.84
16	167	Greta ANDERSON	APUNSC	J1/OJF	11	16:11.1	+1:30.1	81.82	198.47
17	147	Marion WOODS	AWS	J2F	3	16:11.3	+1:30.3	82.00	198.65
18	174	Morgan BENDER	ANR	J1/OJF	12	16:15.5	+1:34.5	85.81	202.46
19	133	Anna PRICE	AWS	J1/OJF	13	16:19.2	+1:38.2	89.17	205.82
20	160	Bree MUCHA	ANR	J1/OJF	14	16:20.0	+1:39.0	89.90	206.55
21	150	Rebecca MAMROL	AWS	J1/OJF	15	16:20.3	+1:39.3	90.17	206.82
22	157	Kimberly DEL FRATE	ANR	J1/OJF	16	16:20.4	+1:39.4	90.26	206.91
23	145	Jasmine CLOCK	ANR	J1/OJF	17	16:21.6	+1:40.6	91.35	208.00
24	139	Megan BAKER	AWS	J1/OJF	18	16:27.8	+1:46.8	96.98	213.63
25	122	Maranda MERKES	Soldotna HS	J2F	4	16:35.8	+1:54.8	104.25	220.90
26	132	Brittany HIPPE		J1/OJF	19	16:44.2	+2:03.2	111.87	228.52
27	161	Sarah CRESAP	APUNSC	J1/OJF	20	16:44.5	+2:03.5	112.15	228.80
28	158	Eliza RORABAUGH	FXC	J1/OJF	21	16:48.2	+2:07.2	115.51	232.16
29	120	Amelia HENNESSY	APUNSC	J2F	5	16:48.7	+2:07.7	115.96	232.61
30	137	Mykaela MCMULLEN	AWS	J2F	6	16:51.2	+2:10.2	118.23	234.88
31	154	Becky BUTLER	AWS	J1/OJF	22	16:52.6	+2:11.6	119.50	236.15
32	125	Teagan YUTRZENKA	AWS	J2F	7	17:05.2	+2:24.2	130.94	247.59
33	140	Mackenzie FLYNN	APUNSC	J2F	8	17:06.4	+2:25.4	132.03	248.68
34	143	Deanne MARTIN	Soldotna HS	J1/OJF	23	17:13.8	+2:32.8	138.75	255.40
35	136	Elizabeth WHISENHANT	FXC	J1/OJF	24	17:13.9	+2:32.9	138.84	255.49
36	134	Amanda DEL FRATE	ANR	J1/OJF	25	17:14.7	+2:33.7	139.57	256.22
37	144	Megan EDIC	FXC	J1/OJF	26	17:15.1	+2:34.1	139.93	256.58
38	141	Bonnie SCOTT	ANR	J1/OJF	27	17:22.9	+2:41.9	147.01	263.66
39	118	Mikayla HAMLIN	FXC	J2F	9	17:26.6	+2:45.6	150.37	267.02
40	129	Tsaina MAHLEN	APUNSC	J2F	10	17:30.5	+2:49.5	153.92	270.57
41	131	Erica BARNHART	APUNSC	J2F	11	17:31.3	+2:50.3	154.64	271.29
42	123	Ema MAYO	FAST	J2F	12	17:34.0	+2:53.0	157.09	273.74
43	127	Alexandra OKESON	APUNSC	J2F	13	17:36.5	+2:55.5	159.36	276.01
44	115	Christi SCHMITZ	North Pole, AK	J1/OJF	28	17:39.6	+2:58.6	162.18	278.83
45	155	Heidi RADER		SRF	4	17:44.6	+3:03.6	166.72	283.37
46	152	Sheryl LOAN	ANR	M5F	1	17:48.3	+3:07.3	170.08	286.73
47	126	Jacqueline KLECKA	ANR	J2F	14	18:00.6	+3:19.6	181.25	297.90
48	138	Crystal PITNEY		J1/OJF	29	18:20.5	+3:39.5	199.32	315.97
49	112	Kelly SCHMITZ	North Pole, AK	J1/OJF	30	18:32.0	+3:51.0	209.76	326.41
50	116	Kimberly FITZGERALD	Lathrop HS	J1/OJF	31	18:40.1	+3:59.1	217.12	333.77
51	124	Helen SUDKAMP-WALKER	FXC	J2F	15	18:48.1	+4:07.1	224.38	341.03
52	121	Claire FERREE	FXC	J2F	16	18:53.8	+4:12.8	229.56	346.21
53	119	Shannon WYATT		J2F	17	19:11.3	+4:30.3	245.45	362.10
54	130	Jeanette KLECKA	ANR	J1/OJF	32	19:30.9	+4:49.9	263.25	379.90
55	113	Madeline BUTTON	FXC	J2F	18	19:52.1	+5:11.1	282.50	399.15
56	114	Sarah LILLY	West Valley HS	J2F	19	19:58.2	+5:17.2	288.04	404.69
57	117	Kristan KELLY		M3F	1	21:57.0	+7:16.0	395.91	512.56

### Men's/Boys' 10 K

<u>Rnk</u>	<u>Bib</u>	<u>Name</u>	<u>Club/Team/School</u>	<u>Cls</u>	<u>Rnk</u>	<u>Time</u>	<u>Behind</u>	<u>Race Pts</u>	<u>USSA Pts</u>
1	239	Tyson FLAHARTY	FAST	SRM	1	25:55.8	0	0.00	60.78
2	248	Dylan WATTS	APUNSC	SRM	2	26:17.7	+21.9	11.26	72.04
3	237	David NORRIS	FAST/NTG/FISCHER	J1/OJM	1	26:30.0	+34.2	17.59	78.37
4	243	John PARRY	UAF	SRM	3	26:38.4	+42.6	21.91	82.69
5	236	Nick TREINEN	AWS	J1/OJM	2	26:45.9	+50.1	25.76	86.54

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6	227	Logan HANNEMAN	FAST	J1/OJM	3	26:47.6	+51.8	26.64	87.42
7	209	Forrest MAHLEN	APUNSC	J1/OJM	4	26:55.9	+1:00.1	30.90	91.68
8	200	Jack NOVAK	APUNSC	J1/OJM	5	27:02.3	+1:06.5	34.19	94.97
9	238	Henri SOOM	University of Alaska	SRM	4	27:04.6	+1:08.8	35.38	96.16
10	224	Silas TALBOT	AWS	J1/OJM	6	27:14.2	+1:18.4	40.31	101.09
11	212	Isaac LAMMERS	ANR	J1/OJM	7	27:23.4	+1:27.6	45.04	105.82
12	246	Bobby MILLER	APUNSC	SRM	5	27:23.6	+1:27.8	45.15	105.93
13	240	Ray SABO	UAF	SRM	6	27:24.8	+1:29.0	45.76	106.54
14	251	Cole TALBOT	AWS	J1/OJM	8	27:38.0	+1:42.2	52.55	113.33
15	221	Carl SMITH	ANR	J1/OJM	9	27:45.7	+1:49.9	56.51	117.29
16	210	Patrick NUGENT	FXC	J1/OJM	10	27:53.7	+1:57.9	60.62	121.40
17	242	Erik SOEDERSTROEM	UAF	SRM	7	27:57.7	+2:01.9	62.68	123.46
18	245	Don HAERING	APUNSC	J1/OJM	11	27:58.5	+2:02.7	63.09	123.87
19	230	Neil LIOTTA	AWS	J1/OJM	12	28:00.7	+2:04.9	64.22	125.00
20	220	Kyle BARNHART	APUNSC	J1/OJM	13	28:01.0	+2:05.2	64.38	125.16
21	223	Nathaniel KNAPP	APUNSC	J1/OJM	14	28:04.3	+2:08.5	66.08	126.86
22	215	Sam DOUGHERTY	AWS	J1/OJM	15	28:07.0	+2:11.2	67.46	128.24
23	226	Noah HAGEN	AWS	J1/OJM	16	28:12.8	+2:17.0	70.45	131.23
24	222	Lars ARNESON		J1/OJM	17	28:17.9	+2:22.1	73.07	133.85
25	219	Cody PRIEST	AKSR	SRM	8	28:19.9	+2:24.1	74.10	134.88
26	192	Peter MAMROL	AWS	J1/OJM	18	28:21.5	+2:25.7	74.92	135.70
27	213	Travis SEMMENS	ANR	J1/OJM	19	28:28.4	+2:32.6	78.47	139.25
28	228	Galen JOHNSTON		J1/OJM	20	28:32.9	+2:37.1	80.78	141.56
29	206	Stefan HAJDUKOVICH	FXC	J1/OJM	21	28:35.7	+2:39.9	82.22	143.00
30	247	Erin PHILLIPS	APUNSC	J1/OJM	22	29:01.1	+3:05.3	95.28	156.06
31	234	Eric RYAN	AWS	J1/OJM	23	29:02.8	+3:07.0	96.16	156.94
32	205	Andrew ARNOLD	Grace Christian	J1/OJM	24	29:03.9	+3:08.1	96.72	157.50
33	216	Benjamin FITZGERALD	ANR	J1/OJM	25	29:11.6	+3:15.8	100.68	161.46
34	232	Dunedin STRICKLAND	ANR	J1/OJM	26	29:13.6	+3:17.8	101.71	162.49
35	207	Hunter JACKINSKY	ANR	J1/OJM	27	29:24.0	+3:28.2	107.06	167.84
36	229	Scott WHEELER	APUNSC	J1/OJM	28	29:29.1	+3:33.3	109.68	170.46
37	235	Anders NYQUIST	ANR	J1/OJM	29	29:31.6	+3:35.8	110.97	171.75
38	211	David DURST	FXC	J1/OJM	30	29:42.8	+3:47.0	116.72	177.50
39	244	Erik GORMAN		J1/OJM	31	29:48.5	+3:52.7	119.66	180.44
40	199	Vanya RYBKIN	FXC	J1/OJM	32	29:51.1	+3:55.3	120.99	181.77
41	250	Ian WILKINSON	Fairbanks, AK	J1/OJM	33	29:55.4	+3:59.6	123.20	183.98
42	249	William COLEMAN	NSCF	SRM	9	30:00.2	+4:04.4	125.67	186.45
43	208	David EDIC	NSCF	M5M	1	30:12.8	+4:17.0	132.15	192.93
44	225	Werner HOEFLER	FAST	J1/OJM	34	30:19.0	+4:23.2	135.34	196.12
45	189	Jani LANE	AWS	J1/OJM	35	30:30.7	+4:34.9	141.35	202.13
46	203	Dan BRADLEY	ANR	J1/OJM	36	30:33.6	+4:37.8	142.85	203.63
47	233	Wyatt MAYO	FAST	J1/OJM	37	30:36.3	+4:40.5	144.23	205.01
48	194	Bad Bob BAKER		M5M	2	31:49.5	+5:53.7	181.87	242.65
49	231	Davis DUNLAP	ANR	J1/OJM	38	31:53.5	+5:57.7	183.93	244.71
50	201	Bryce MONACO		J1/OJM	39	31:55.4	+5:59.6	184.91	245.69
51	217	Kipp WILKINSON	FXC	J1/OJM	40	32:06.0	+6:10.2	190.36	251.14
52	197	Mike HAJDUKOVICH	Fairbanks, aK	M2M	1	32:47.9	+6:52.1	211.90	272.68
53	191	Zach KESKINEN	West Valley HS	J1/OJM	41	33:05.3	+7:09.5	220.85	281.63
54	198	Michael KOWALSKI	FXC	J1/OJM	42	33:06.8	+7:11.0	221.62	282.40
55	214	Gerry HOVDA		J1/OJM	43	33:54.5	+7:58.7	246.15	306.93
56	193	Mark F SMITH		M6M	1	33:55.0	+7:59.2	246.41	307.19
57	187	Bruce TALBOT	NSAA	M6M	2	35:12.3	+9:16.5	286.16	346.94
58	190	James LILLY		J1/OJM	44	36:16.1	+10:20.3	318.96	379.74

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59	196	Gunnar KNAPP	NSAA	M6M	3	36:35.9	+10:40.1	329.14	389.92
60	184	Matt STOLLER		J1/OJM	45	37:55.8	+12:00.0	370.23	431.01