

## HS & Adult Men 10km Classic Technique

**Measured Length** 9924 m      **Height Difference (HD):** 83 m

**High Point** 328 m      **Total Climb (TC):** 293 m

**Low Point** 245 m      **Maximum Climb (MC):** 29 m

**FIS Spec Ranges:** HD:150m, MC:80m, TC min:250m/TC max:420m

**Climb per km:** 29.5m - FIS range climb/km: 25.0m - 42.0m

