



Cross Country Alaska

USSA National Ranking List Points Race

Classic Technique Interval Start Event

Organized by Nordic Ski Club of Fairbanks

Sunday, November 22, 2009

Jim Whisenant Ski Trails, Birch Hill Park Rec. Area, Fairbanks, Alaska

Nordic Ski Club of Fairbanks
 PO Box 80111
 Fairbanks, AK 99708-0111
 Website: www.nscfairbanks.org
 E-mail: clubmail@nscfairbanks.org
 Birch Hill Weather: 457-4837
 Nordic Ski Club Office: 474-4242
 Nordic Ski Club Office Fax: 474-4242
 Race Hotline: 457-4434
 FNSB Parks & Recreation Department
 PO Box 71267
 Fairbanks, AK 99707-1267
 Phone: 459-1070

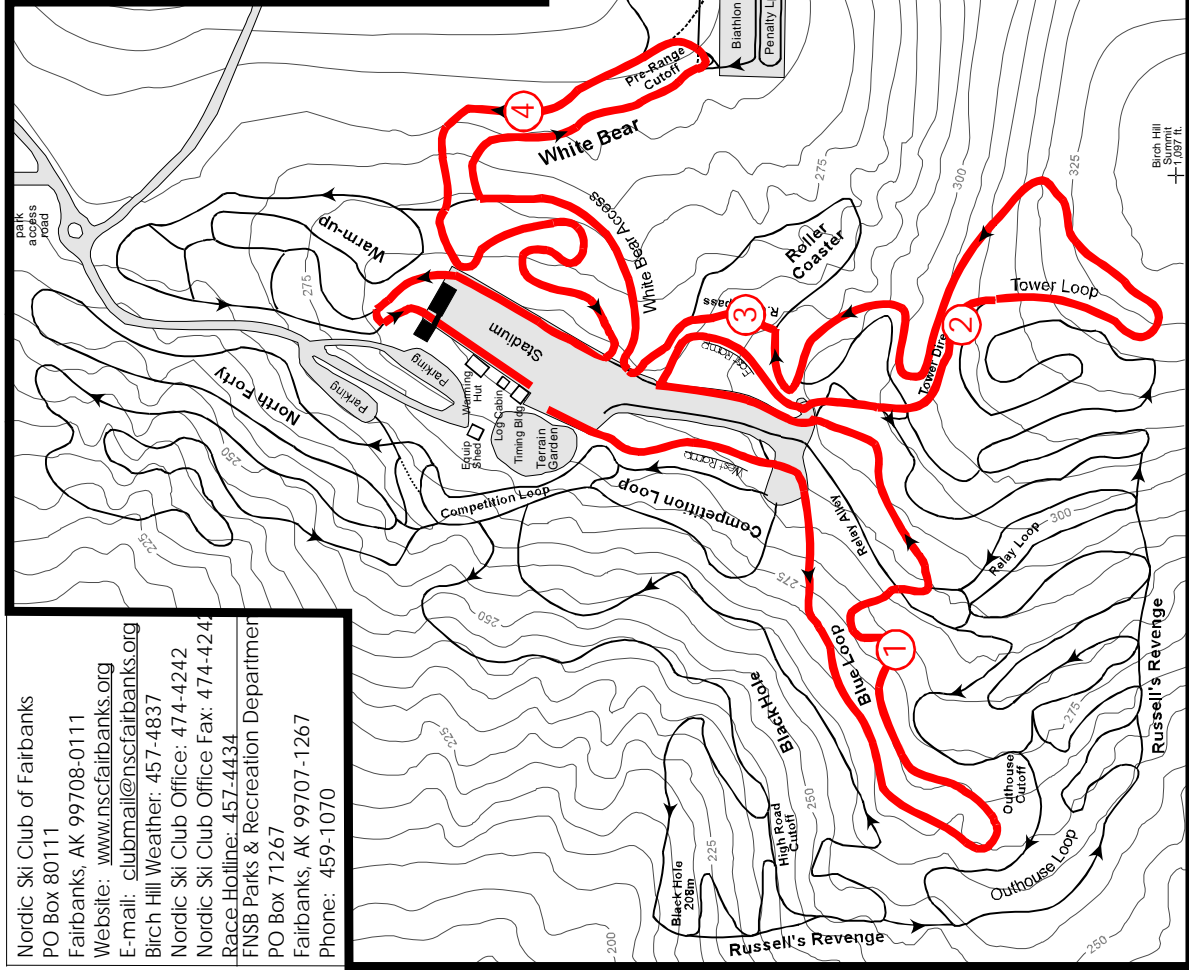


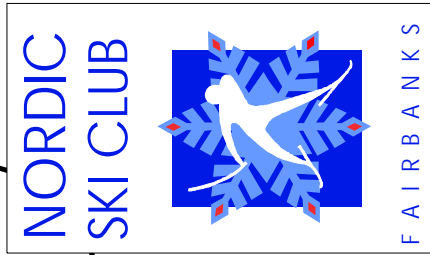
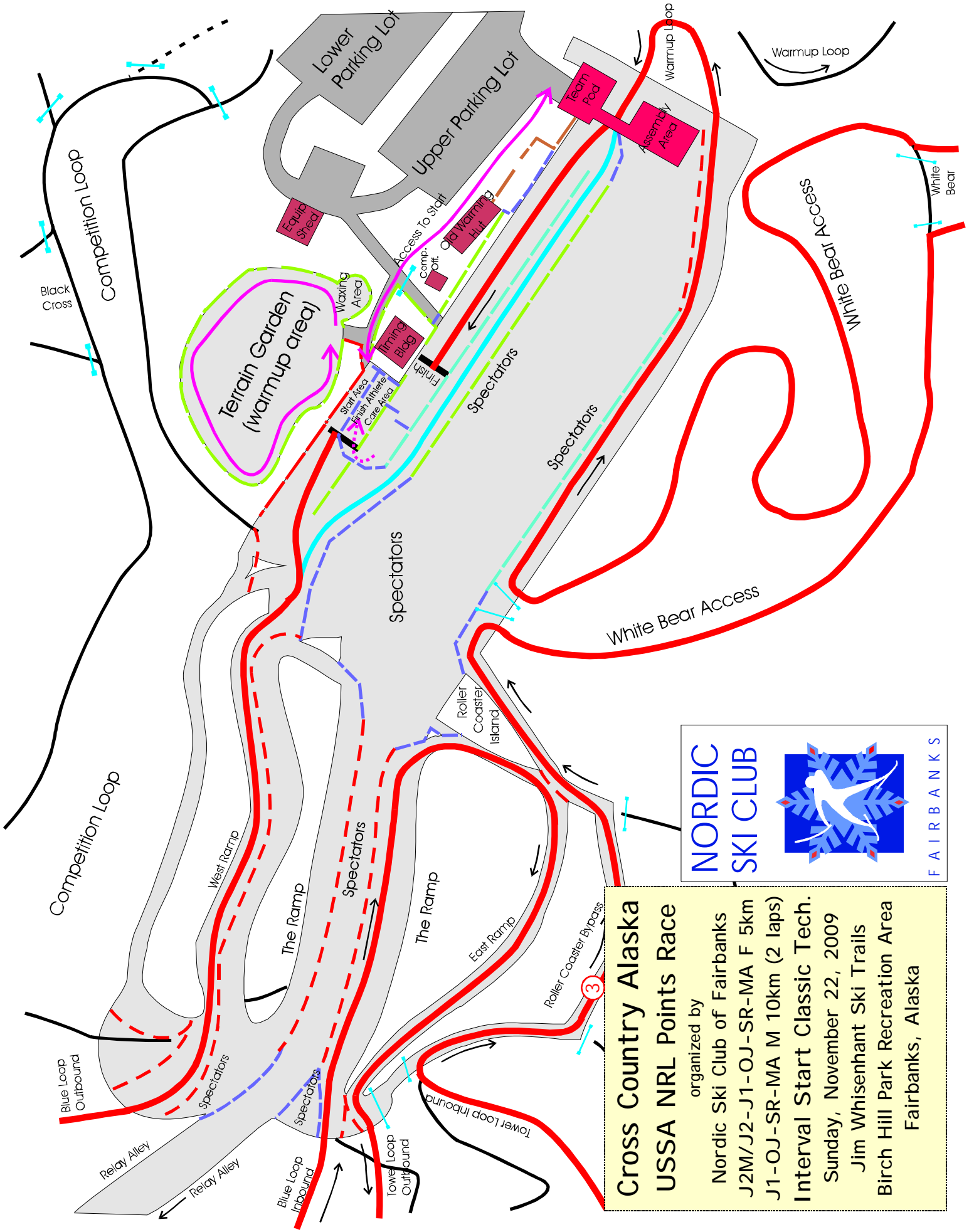
J2M/J2-J1-OJ-SR-MA F
5km Classic Technique
15-second Interval Starts
Red Course

Technical Information:
 Measured Length: 5066m
 Height Difference (HD): 73m
 Total Climb (TC): 168m
 Maximum Climb (MC): 42m
 Climb per Km: 33.1m/km

Competition Committee & Jury:

Technical Delegate:
 Assistant TD:
 CCAK Representative:
 Jury Member:
 Chief of Competition: John Estle
 Chief of Course: Tom Heimers
 Chief of Stadium: Dave Murray,
 Bob Wilkinson, Susan Faulkner
 Chief of Timing: Carol Haas





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US\$A NRL Points Race
 organized by
 Nordic Ski Club of Fairbanks
 J2M/J2-J1-OJ-SR-MA F 5km
 J1-OJ-SR-MA M 10km (2 laps)
 Interval Start Classic Tech.
 Sunday, November 22, 2009
 Jim Whisenant Ski Trails
 Birch Hill Park Recreation Area
 Fairbanks, Alaska



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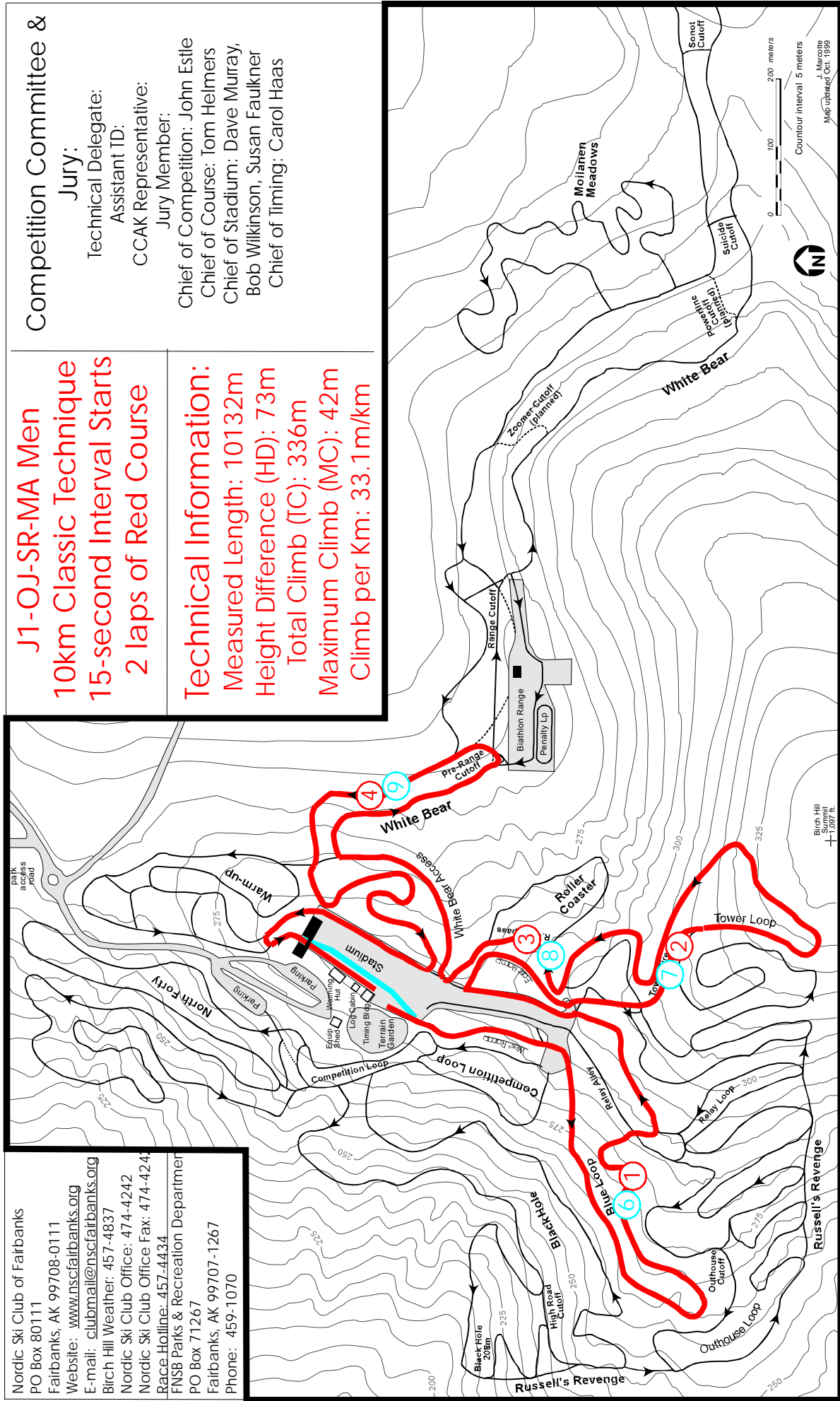


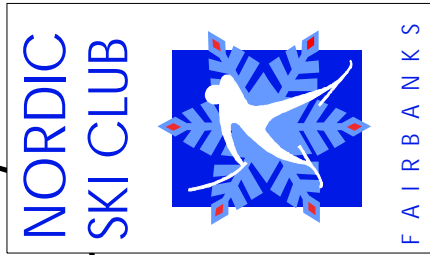
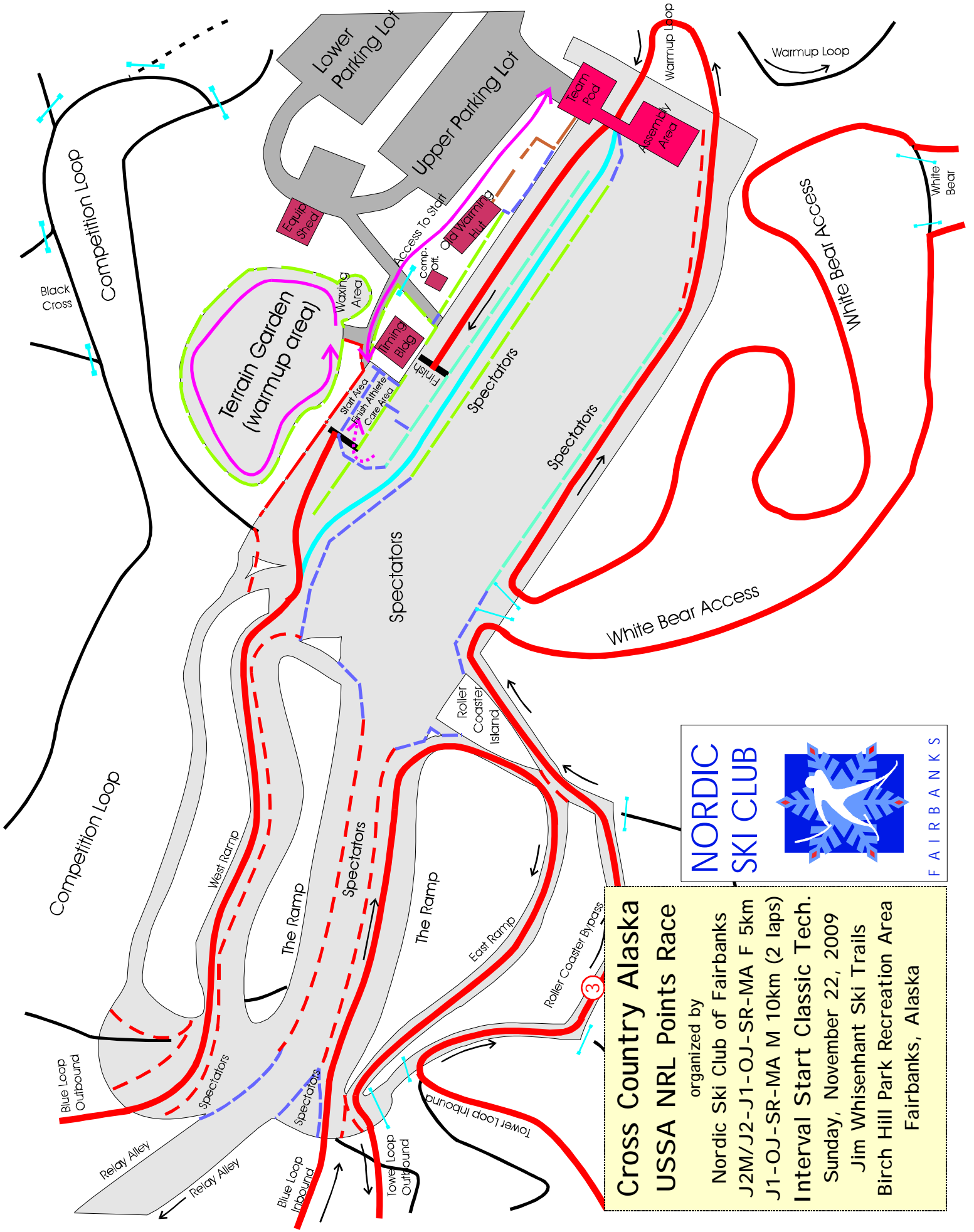
J1-OJ-SR-MA Men
10km Classic Technique
15-second Interval Starts
2 laps of Red Course

Technical Information:
Measured Length: 10132m
Height Difference (HD): 73m
Total Climb (TC): 336m
Maximum Climb (MC): 42m
Climb per Km: 33.1m/km

Competition Committee & Jury:

Technical Delegate:
 Assistant TD:
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 Jury Member:
 Chief of Competition: John Estle
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Start Mesa and Lap/Finish Area Setup

Interval Start/Classic Technique-Multi Lap-No Youth Start

