

## Grade 7 & 8 Boys and Girls 3km Free Technique

**Measured Length** 2969 m      **Height Difference (HD):** 33 m

**High Point** 295 m      **Total Climb (TC):** 85 m

**Low Point** 263 m      **Maximum Climb (MC):** 21 m

**FIS Spec Ranges:** HD:50m, MC:50m, TC min:75m/TC max:105m

**Climb per km:** 28.6m - FIS range climb/km: 30.0m - 42.0m

